

HEIGHT AND WEIGHT STANDARDS



The Air Force does not offer a weight reduction program. Currently, all applicants must meet a weight requirement based on their height. Please refer to the table below.

AIR FORCE WEIGHT REQUIREMENTS

Height (Inches)	Max Weight (lbs)
58	131
59	136
60	141
61	145
62	150
63	155
64	160
65	165
66	170
67	175
68	180
69	186
70	191
71	197
72	202
73	208
74	214
75	220
76	225
77	231
78	237
79	244
80	250